

Make the **smart** choice for your future.

EARN A MENTAL HEALTH FIRST AID CERTIFICATION



According to the Anxiety and Depression Association of America (ADAA), depression is the leading cause of disability in the United States, affecting more than 16.1 million adults, 18 years or older. Mental Health First Aid (MHFA) training teaches you how to identify signs of mental health distress or substance use issues. It will help you understand people's challenges or crises, and show you how to respond effectively, and provide assistance until professional treatment is obtained.

People who provide Mental Health First Aid want to make their communities healthier, happier and safer for all. The following professionals should consider becoming certified:

- Educators/School Administrators
- Human Resources Professionals
- Members of Faith Communities
- Homeless Shelter Workers
- Nurses/Physician Assistants/Primary Care Workers
- Police/First Responders/Security Personnel
- Mental Health Authorities
- Policymakers
- Substance Abuse Professionals
- Social Workers

Course Information

Students will be taught how to help others with mental health and/or substance abuse emergencies. Those who successfully complete the course will possess the important tools needed to identify and respond to signs of addictions and mental illnesses. They will also be taught a five-step action plan to help people who may be developing a problem or are already in a crisis. Assessing people's risk of harm or suicide, listening nonjudgmentally, giving reassurance and information, encouraging appropriate professional help, and encouraging self-help and other supporting strategies are an essential part of this course.

Students have the opportunity to earn a certification in Mental Health First Aid for Adults. Each student will receive the course textbook, *Mental Health First Aid*.

Certification

Students who successfully complete the course will receive a Mental Health First Aid Certification. This credential will improve a student's ability to provide support to someone experiencing a mental health crisis and increase her/his employability in their field of interest.

Instructor: Rachel Priest

CE1 267 A1 ON-CAMPUS COURSE Meets:

Saturday, November 18, 2023

8:00am-4:30pm.

Registrations accepted until **November 2** - NO EXCEPTIONS.

Fee: \$145

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For further information,
please visit ncc.edu/workforcedevelopment

CENTER FOR WORKFORCE DEVELOPMENT
Phone: 516.572.7487 | Email: cwd@ncc.edu

REGISTRATION FORM

Please answer all questions on this form and send it together with your check, money order, or credit card information to:

CENTER FOR WORKFORCE DEVELOPMENT

Nassau Community College
One Education Drive
Garden City, New York 11530-6793

Make check payable to: Nassau Community College

OR fax the form with credit card information to:
516.828.3507 **OR email to** CWD@ncc.edu.

HOW DID YOU HEAR ABOUT OUR COURSES?

- Brochure/Mail Family/Friend
 Website Facebook/Instagram
 Email Google
 Other: _____

Last Name _____
First Name _____
Address _____
City _____ Zip _____
Home Phone: () _____ Cell Phone: () _____
*Birthdate: mm/dd/yyyy ____/____/____ I identify my gender as: _____
Have you ever taken any courses at NCC? Yes No NCC ID# N00 _____
*Preferred E-mail: _____
*Alternate E-mail: _____

*required information

COURSE SELECTION

YOU MUST BE 17 OR OLDER TO REGISTER WITH THE EXCEPTION OF HSE AND SAT PREP COURSES.

CED #	SECTION	COURSE TITLE	DAY	FEE
Total Amount:				\$

- By submitting this registration form, I am accepting the terms of the refund policy noted below.
 I certify that there is sufficient credit amount on the card listed below to cover the fee charges shown on this Registration Form. Otherwise, I understand the lack of approval by my credit card company will result in cancellation of this registration for non-payment.

CREDIT CARD PAYMENT INSTRUCTIONS:

- I authorize the use of my credit card account for full payment of the amount of my course registration as indicated on this non-credit registration application.

Credit Card Processing Fee of 2.75% applies ONLY if a student pays online through the NCC portal (i.e., \$100 course will be charged at \$102.75).

Step 1: Print Cardholder's name _____
(as it appears on the credit card)

Step 2: Provide Cardholder's signature: _____

Step 3: Card Information:

PLEASE Check ONE: VISA Mastercard Discover American Express

Card Number: _____ **Date of Expiration:** ____/____/____

Non-Credit Refund Policy: Fee is refundable when a course is canceled by the College. For a program or course offered by the Center for Workforce Development (CWD), a refund request must be received in writing at least seven (7) days prior to the start of the course to be honored by CWD. Please be advised that if a refund is due, it will take approximately 2-3 weeks to be processed.

